

# MADANAPALLE INSTITUTE OF TECHNOLOGY & SCIENCE (UGC - AUTONOMOUS)

## Report on Workshop on **Personality development and Motivation** Organized by Dept. of BSH - MITS 29 April - 01 May 2015



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The Department of Basic Science & Humanities conducted a Workshop on Personality Development and Motivation for I. B. Tech Students during 29 April - 01 May 2015.

The **RESOURCE PERSONS** of the workshop were:

- Dr.K. Samuel Johnson**, Professor, VIT, Chennai.
- Dr. Jeremy Sunder Raj**, Consultant Trainer, Chennai.
- Ms. Mala Mary Martina**, CEO, Trainer, Bangalore.

### **WORKSHOP OBJECTIVES:**

- To awake the You in You..among students at MITS.
- To develop student groups and to motivate them to reach their goals.
- To show their Goal Setting a path of success.

### **OUTCOMES OF WORKSHOP, THE PARTICIPATING STUDENT WILL BE ABLE TO:**

- Understand Motivation concepts in present scenario.
- Identify and managing in a Volatile, Uncertain, Complex and Ambiguous (VUCA) world”
- Empower you to empower others.

The Resource persons, focused on addressing not only the present challenges but also to equip the students with the knowledge and resources to handle an entire gamut of challenges that the students might face in life. The personality development workshop guidelines included access to highly focused study materials and videos for educating the students. In the workshop on personality development an overview of the following topics were discussed:

- Confidence Building
- Communication Skills
- Etiquette & Grooming
- Conversational Skills
- Interview Skills
- Body Language
- Strong Interpersonal Skills
- Teamwork & Leadership

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## The gist of the workshop:

- The need to develop one's personality satisfies the urge to survive and be creatively productive in a society. We human beings live in societies that are made up of other individuals also. Living is survival. World is always competitive. As said by Charles Darwin, only the fittest can survive in a highly competitive world. Personality development increases the possibilities of survival. Survival depends on the tools of personality. The complexity of society places the demand for efficient use of the tools. The tools of personality are effective strategies like diplomacy, will, the many intelligences, emotions, cooperation, empathy, good mannerisms etc.
- The above mentioned tools of personality are what the environment with the organism produces. The effective development of such tools enables the person to meet the challenges of society.
- A person whose personality is not developed cannot meet the challenges of society. Such a person succumbs to the pressures and gets pushed around. The success and failure of a person in society depends on the success and failures of his fellow human beings. Anyone with better strategies is sure to win the race.
- Nature can only give us the biological equipment. It is up to us to use it and make it function to protect, develop and maintain the organism. How you look, walk and talk says a lot about your personality, if you don't take the time or make the effort to improve on your natural biological gifts, you will score a negative impression the first time round itself.
- Through learning we make the body-mind complex adopt different strategies to cope up with the pressures and demands of society. Learning results in change of behavior. Behavioural changes enable the organism to protect and maintain itself. Personality development as behavioural development thus becomes very essential. This learning does not just end with a course, it is a constant process. The more you learn and the more you change for the better, will help you climb the ladder of success.
- Personality development lies parallel to social and cultural development. That is why we need to develop our personalities in accordance with the current social and cultural development. Greater the disparity between one's personality and his social conditions, greater is the need for personality development.
- For every individual to survive needs them to carve a spot for themselves in life. This spot could be a positive or a negative one. When you take work and develop your personality you will surely create a positive impression and thus will give you a positive spot in life. One who learns and adopts the best that life offers to him, is bound to be having that entire he wants.

## Paper Clips:

